When it comes to their personal safety, the pandemic is likely to be at the forefront of most people’s thinking as they return to regular business travel. But they also need to be mindful of the other risks they faced before the pandemic. As it may have been some time since most people last traveled regularly, now is the time to provide a reminder of some of the things they can do to keep themselves safe.

**Before heading to the airport, safe travelers**
- Ensure they’re in good health, to reduce the risk of being quarantined or denied boarding.
- Bring an adequate supply of any medication in their hand luggage, ensuring these remain in their original packaging and are accompanied by prescriptions or medical letters if traveling abroad.
- Check import restrictions for medicines and foodstuffs at their destination.
- Consider direct flights over connections.
- Carry masks and wipes for cleaning frequently-touched surfaces on board the flight.
- Bring their own headsets, reading materials, drink bottles, pillows.
- Leave home early, as airport passenger processing times are now longer than usual.
- Check in online and use self-service kiosks to minimize contact with airline staff.

**At the airport, safe travelers**
- Follow the rules on queuing, maintaining a social distance and wearing face masks.
- Listen carefully for airline announcements - as boarding processes have changed - and know their seat number and zone.
- Carry food/water on board if there is no inflight service.
- Never leave their luggage unattended or with a stranger or carry anything for someone else.
- Don’t reveal hotel details to strangers.
- Keep their travel documents secure.
- Spread out credit cards and cash in case of theft.
- Are careful when using public Wi-Fi and don’t access sensitive information.

**On the flight, safe travelers**
- Take their valuables and passport with them if leaving their seat.
- Keep hydrated and don't drink too much alcohol.
- Stay healthy by exercising while seated and wearing compression socks on longer flights.
- Limit consumption of food and drink, as removing face masks increases risk.
- Pay for catering using contactless or cashless payment (if available).
- Avoid connecting to a USB port to charge mobile devices, as this may allow data to be accessed.
- Choose their seats carefully. A window seat reduces contact with passing crew and passengers.
- Avoid viewing sensitive information on their devices.

**On arrival, safe travelers**
- Plan their exit from the airport in advance, so they don't stand out as tourists.
- Remember to retrieve all checked luggage.
- Carry some cash to exchange into local currency on arrival, in case airport ATMs are not working or debit cards are not accepted.
- Make credit card or contactless payment when possible.
- Are ready to complete health and other government declaration forms.